



May 2024 | [www.collegept.org](http://www.collegept.org) | [info@collegept.org](mailto:info@collegept.org)

---

Welcome to the May edition of Perspectives.

In this newsletter, we chat with two examiners for the Ontario Clinical Exam about what it means to be involved with the College in this capacity, explore the importance of consent and communication in the latest Case of the Month, and discuss restricted titles and how to use them.

I also want to highlight two opportunities for you to share your feedback. First, we launched our 2024 Registrant Survey. We hope to use this survey to connect with you, explore some of your thoughts about the profession, and gather feedback that will help us improve our resources and services.

Additionally, consultations on two new proposed standards are still open. I'd like to thank everyone who has shared their thoughts so far. If you haven't been able to provide feedback yet, I encourage you to do so before the May 27 deadline.

As always, your feedback is valued and appreciated. Thank you for taking the time to actively engage in these opportunities and help us to continually improve.

All the best,



Craig Roxborough  
Registrar and CEO

**Have Your Say in Our 2024 Registrant Survey**

The College's 2024 Registrant Survey is now open and we want to hear from you!

Our goal is to gain a better understanding of several topics, including current challenges in the profession, how we can best engage with you and the effectiveness of our resources.

Your feedback is anonymous and will help us improve. Anyone who completes the survey will also have the option to enter their name in a draw for a chance to **win one of five \$150 gift cards**.

The survey will be open until **Friday, May 31**. Thank you for your participation.

[Take the Survey](#)

## New Blog: Being an OCE Examiner

We wouldn't be able to run the Ontario Clinical Exam in its current capacity without the help of our dedicated examiners.

In a new blog, we talk to two OCE examiners about what it's like to deliver the exam, the things they enjoy most about the role, and any advice they have for other physiotherapists who'd like to get more involved with the College.

Read the blog, leave a comment and learn more about becoming an OCE examiner.

[Read the Blog](#)

## Reminder: Open Standards Consultations

We're continuing with the phased approach to reviewing new proposed standards. There's just over one week left to provide your feedback on the two latest standards that are open for consultation. We appreciate everyone who has taken the time to share their thoughts so far.

The two proposed standards currently open for consultation are:

1. Evidence-Informed Practice
2. Titles, Credentials and Specialty Designations

**These consultations close on Monday, May 27.** Visit the Consultations page for more information.

[Consultations](#)

## Case of the Month: Out of the Ordinary

Consent is essential when providing care – and physiotherapists must ensure patients understand what they're consenting to. That includes explaining the reasons for any potential

changes to a treatment plan and documenting conversations about consent along the way.

In a new Case of the Month, we look at what happens when changes aren't clearly communicated or explained to the patient, leading to a breakdown in the therapeutic relationship.

[Read the Case](#)



## Featured Standard: Restricted Titles, Credentials and Specialty Designations Standard

Physiotherapists must represent their qualifications in a manner that is true, accurate and not misleading.

**Advice from the Practice Advisors when it comes to restricted titles, credentials and specialty designations:**

**Stop:** Signing RPT or DPT or BScPT after your name in correspondence with others including patients, or in charts and email signatures that you use during patient care

**Start:** Making sure you sign patient documents, including emails, with your professional protected signature. You should list your name, immediately followed by your official title. You can include additional credentials and designations after that. For example, Jane Doe, PT, M.Sc., FCAMPT

For more information, see the **Restricted Titles, Credentials and Specialty Designations Standard**.

[Read the Standard](#)

## Practice Advice Question

*I'm leaving a practice. What do I do if there is no physiotherapist available to take over my patients?*

[Get the Answer](#)

## Myth vs Fact

*A physiotherapist cannot provide treatment or recommendations to a patient without first performing an assessment.*

**Is this a myth or a fact?**

## Restricted Titles and Why They Matter

Only people who are registered with the College can use the title physiotherapist in Ontario. The same goes for variations like physical therapist, PT, and equivalent terms in other languages.

Restricted titles instill confidence in regulated health care professionals by ensuring patients know the person they're seeing meets specific qualifications. This helps patients make informed decisions about their care.

For that reason, physiotherapists must not use the title doctor or the short form Dr. when providing patient care. Doctor is a protected title that can only be used by certain professions.

Similarly, PT Residents must be careful to use the proper title, instead of calling themselves a physiotherapist.

Contact the Practice Advisors if you have questions about restricted titles, including when you can call yourself a specialist.

Practice Advice



The College would like to welcome our newly registered physiotherapists.

[View the List](#)



Comments or questions related to Perspectives?  
Get in touch at [communications@collegept.org](mailto:communications@collegept.org) or 1-800-583-5885 ext. 291

The College of Physiotherapists of Ontario | 375 University Avenue, Suite 800, Toronto, M5G  
2J5 Canada



Try email marketing for free today!