# Resources for People Experiencing Abuse and Sexual Assault

| **Service** | **Contact Information** |
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| **Assaulted Women’s Helpline (Toronto)** Provides information and referrals to lawyers, counselling and support programs for survivors of violence in more than 150 languages. This service is available 24 hours a day.  *For: Anyone who identifies as a woman.* | Tel: 416-863-0511 (Greater Toronto)  GTA TTY: 416-364-8762 Toll Free: 1-866-863-0511 Toll free TTY 1-866-863-7868  #SAFE (#7233) Bell, Rogers, Fido or Telus mobile phone [www.awhl.org](http://www.awhl.org) |
| **Canadian Association of Sexual Assault Centres**  Free counselling and information on sexual violence from a sexual assault centre in Ontario. | Tel: 604-876-2622 [www.casac.ca](http://www.casac.ca) |
| **Ontario Coalition of Sexual Assault Centres** Provides a list of many of Ontario’s sexual assault centres with links to websites where applicable. | [[sexualassaultsupport.ca](https://sexualassaultsupport.ca/)](http://www.sexualassaultsupport.ca/) |
| **Ontario Network of Sexual Assault and Domestic Violence Care and Treatment Centres** A listing of hospital-based centres in Ontario. | Tel: 416-323-7327 [www.sadvtreatmentcentres.ca](http://www.satcontario.com/) |
| **Internet Child Exploitation (ICE) Counselling Program**  Short-term, immediate counselling for child victims of Internet sexual exploitation. A victim’s immediate family members may also be eligible. | Toll free:  1-855-424-1100 ext. 338 Tel: 416-515-1100 ext. 338  [Ministry of the Attorney General](http://www.attorneygeneral.jus.gov.on.ca/english/ovss/internet_child_exploitation_brochure.php) |
| **SACHA (Hamilton)**  A 24-hour support line offering services to diverse communities, including counselling and public education.  For: Women and Men, English/Spanish/ASL.  Partnership with the Centre de Santé Communautaire de Hamilton/Niagara and the Hamilton Regional Indian Centre to offer culturally-appropriate services for French-speaking and Aboriginal/First Nations men. | **905-525-4162  24 Hour Support Line** [sacha.ca](file:///C:\Users\cfong\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\HA21AOKV\sacha.ca) |
| **FEM’AIDE (Ligne de soutien pour femmes violentées)**  A 24/7 hotline for francophone women living in Ontario.  *For: French speaking women* | Toll free 1-877-336-2433 1-866-860-7082 (ATS) [www.femaide.ca](http://www.femaide.ca) |
| **Victim Services Toronto** Provides 24/7 immediate crisis response, intervention, and prevention services including crisis response programs, counselling, community referrals, safety planning, mediation, court support. | Crisis Hotline: 416-808-7066 [info@victimservicestoronto.com](mailto:info@victimservicestoronto.com)  [victimservicestoronto.com](http://victimservicestoronto.com/) |
| **Support Services for Male Survivors of Sexual Abuse**  24 hour, multilingual, toll-free phone line for immediate crisis  and referral services for male survivors of recent and  historical sexual abuse. | 24-hour, multilingual toll-free: **1-866-887-0015** |
| **Male Survivor’s Support Line**  24-hour, multilingual, toll-free phone line for immediate crisis and referral services for male survivors of recent and historical sexual abuse. | Toll-free 1-866-887-0015 |
| [**Canadian Centre for Men and Families**](https://www.ementalhealth.ca/index.php?m=record&ID=49617) **(CCMF)** Provides a range of mental health, legal, parenting, and abuse support programs (including those for survivors of sexual assault) geared to boys, men, fathers and their families. | 647-479-9611 (Toronto)  [www.menandfamilies.org](http://www.menandfamilies.org) |
| **Ontario Women’s Justice Network**  A comprehensive list of resources, including legal. | 416-392-3135 Toll-free: 1-877-558-5570  info@owjn.org  [owjn.org/getting-support](http://owjn.org/getting-support/) |  |
| **Handbook for Sensitive Practice:  Lessons from Adult Survivors of Childhood Sexual Abuse** | [Download Handbook PDF](https://www.integration.samhsa.gov/clinical-practice/handbook-sensitivve-practices4healthcare.pdf) |
| **Durham Region Domestic Violence/Sexual Assault Care Centre** | 905-576-8711 24-hour emergency medical services and counselling support for victims of domestic violence and sexual assault. |
| **Support Services for Male Survivors of Sexual Abuse**  For local services in your community. | 1-866-887-0015  24-hour, multilingual, toll-free phone line for immediate crisis and referral services |
| **Sexual Assault Crisis Centre of Essex County for Men and Youth 13+yrs** | 519-253-3100  Toll-Free 1 -844-900-7222 |
| **Centre for Treatment of Sexual Abuse and Childhood Trauma (CTSACT)** *\*Fee for service:* children, adults adolescents, couples, families; members of First Nations and Inuit communities; members of gay, lesbian, bi-sexual and transgender communities. English, French, Arabic, Farsi, Persian | 613-233-4929 Ottawa  www.centrefortreatment.com |
| **Seniors Safety Line** | Toll free number: 1-866-299-1011  www.elderabuseontario.com/what-is-elder-abuse/help-for-seniors/ |
| **Lesbian Gay Bi Trans Youthline** | Toll free: 1-800-268-9688  Text messages only (SMS): 647-694-4275 |

# Local Organizations in Ontario Listed Alphabetically by City

| **Organization** | **Contact Information** |
| --- | --- |
| Belleville, Quinte Sexual Assault Centre | 1-877-544-6424 |
| Brantford/Simcoe Sexual Assault Centre | 519-751-3471 |
| Burlington, Nina’s Place | 905-632-3737 x5708 |
| Chatham-Kent Sexual Assault Crisis Centre | 519-354-8688 |
| Cornwall/L’Orignal Sexual Assault Support Services | Tel: 613-938-2958 Toll free: 1-800-267-1744 |
| Dryden Sexual Assault and Domestic Violence Response Services | 1-866-888-8988 |
| Durham Region Domestic Violence/Sexual Assault Care Centre | 905-576-8711 ext. 3286 |
| Guelph-Wellington Women in Crisis Sexual Assault Centre | Tel: 519.836.5710 Toll free: 1.800.265.7233 |
| Halton Sexual Assault and Violence Intervention Services | 905-875-1555 |
| Hamilton Sexual Assault Centre (24 hour) | 905-525-4162 |
| Kawartha Sexual Assault Centre  Serving Peterborough, City of Kawartha Lakes (Lindsay), Haliburton, Northumberland and Peterborough Counties.  24-hour hotline | Toll free: 1-866-298-7778 [Visit the website](http://www.kawarthasexualassaultcentre.com/) |
| Kingston Sexual Assault Centre (24hrs) | 613-544-6424 or 1-877-544-6424 |
| London Sexual Assault Centre (24hrs) | 519-438-2272 |
| Muskoka and Parry Sound Sexual Assault  Provides a 24-hour toll free helpline. | 1-800-461-2929  [www.daphnewymn.com](file:///C:\Users\cfong\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\HA21AOKV\www.daphnewymn.com) |
| North Bay Amelia Rising Sexual Assault Centre of Nipissing (24hrs) | 705-476-3355 |
| Orillia Sexual Assault Centre | 705-327-9155 or 1-877-377-7438 |
| Ottawa Sexual Assault Support Centre (24hrs) | 613-234-2266 |
| Owen Sound/Walkerton Women’s House  Sexual Assault Services (24hrs) | 1-866-578-5566 |
| Peel Region Sexual Assault/Domestic Violence Program | 905-848-7580 ext. 2142 |
| Richmond Hill, Domestic Abuse and Sexual Assault Care Centre | 1-800-521-6004 |
| Sarnia, Sexual Assault Survivors’ Centre (24hrs) crisis line | (519) 337-3320 office (519) 337-3154 [Visit the website](https://windsoressex.cioc.ca/record/SAR0338) |
| Scarborough Hospital Sexual Assault/Domestic Violence Care Centre | 416-495-2555 |
| Sault St. Marie Sexual Assault Care Centre | 705-759-5143 |
| St. Catharine’s /Niagara Sexual Assault Centre Crisis line (24hrs) | 905-682-4584 |
| Sudbury Voices for Women Sexual Assault Centre | 705-671-5495 |
| Thunder Bay Sexual Assault/Sexual Abuse Counselling and Crisis Centre Crisis Line | (807) 344-4502 (807) 345-0894 [www.tbsasa.org](http://www.tbsasa.org/) |
| Timmins Sexual Assault Centre (24hrs) | Tel: 705-268-8381 Toll free: 1-877-268-8380 |
| Toronto, Women’s College Hospital Sexual Assault and Domestic Violence Care Centre | 416-323-6040 |
| Waterloo Sexual Assault Support Centre | 519-741-8633 (24hrs) |
| Windsor Sexual Assault Crisis Centre of Essex County (24hrs) | 519-253-9667 |