

Learning Plan



Once a learning need or desire is identified, it is necessary to develop a learning plan to address that need. In some cases this might seem obvious (e.g., I wish to become a manipulative therapist. Plan: take manual therapy courses leading to the intermediate and advanced diplomas). In other cases it might not be so obvious (e.g., I need to become more adept at supporting my staff in my new professional practice leader role. Plan: take a course on leadership, find a mentor, etc.).

This form acts as a checklist for monitoring your progress. It assists with planning the specific steps to be achieved on the way to accomplishing a goal. Through it you will specify:

- *Who* is responsible for each activity
- *What* is to be accomplished
- *When* is the activity to be accomplished
- *How* the goal will be achieved and what obstacles might block the attainment of the goal
- *How much* will achieving this goal cost in dollars, resources and time.

Remember: The journey of 10,000 miles starts with but a single step. – Chinese Proverb

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| <p>Area in which I need improvement / Broad Learning Goal</p> <p><i>What do I plan to learn?</i></p> | |
| <p>Planned Activities</p> <p><i>What am I going to do? What activities are planned?</i></p> | |
| <p>Success Indicators</p> <p><i>How will I know I have learned it?</i></p> | |
| <p>Target Date</p> | |

Reflection Cycle

If you do not achieve your goal, ask yourself: Were skills, knowledge, or information lacking? Did I need more/better resources? Was the objective unrealistic? Did I not work hard enough?